



AGENCIES ON THIS MAP

National Park Service United States Department of the Interior Units throughout East Tennessee and Western North Carolina provide incredible opportunities to experience the diversity of place, history, and nature of our region. Visit our website to learn more about the sites where you can take a scenic drive, explore the backcountry by trail, take the family camping, walk through history, rock climb, or kayak. Explore, experience, and enjoy your national parks! Visitor Info: www.nps.gov



U.S. Forest Service

United States Department of Agriculture, Forest Service

The Cherokee National Forest in Tennessee, the Nantahala and Pisgah National Forests in North Carolina, and other forests in the Southern

Appalachians offer opportunities to experience the thrill of whitewater, the pursuit of wildlife, epic mountain bike trails, iconic waterfalls and mountain balds, scenic byways, and backcountry trails, plus a wide range of overnight accommodations.

Note: Campground and cabin reservation services are available at www.recreation.gov.

Visitor Info: http://www.fs.fed.us/visit



North Carolina State Parks

Department of Natural and Cultural Resources

The NC state park system welcomes visitors to iconic landscapes at 41 parks and recreation areas across the state. In operation for

over 100 years, North Carolina state parks attract over 19 million visitors annually. Its 237,000 acres include mountains, beaches, swamps, lakes, rivers, grasslands, meadows, forests, and waterfalls. **Note:** There are fees for camping and various amenities and activities within the parks.

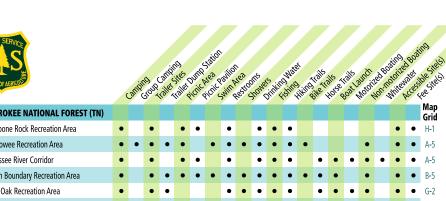
Visitor Info: (919) 707-9300 www.ncparks.gov



Tennessee State Parks

Tennessee Department of Environment & Conservation From the Appalachian Mountains to the E E Mississippi River, Tennessee State Parks manage State Parks over 230,000 acres of outdoor recreation, cultural

heritage and historic sites. All 56 Tennessee State Parks are free to enter and offer a wide range of activities, events and tours to satisfy your desire for adventure. Book a cabin, campsite, or hotel room today and make Tennessee State Parks your next vacation destination. **Note:** Fishing and hunting require licenses (tn.gov/twra/). Visitor Info: (615) 532-0001 www.tnstateparks.com



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	CHEROKEE NATIONAL FOREST (TN)																					Map Grid
C1	Backbone Rock Recreation Area	•		•		•	٠		•		•	•	•							•		H-1
C2	Chilhowee Recreation Area	•	•	•	•	•		•	•	•	•	•	•	•				•		•	•	A-5
C3	Hiwassee River Corridor	•		•		•	•		•		•	•	٠		•	•	•	•	•	•	•	A-5
C4	Indian Boundary Recreation Area	•		•	•	•	•	•	•	•	•	•	•	•	•	•		•		•	•	B-5
C5	Little Oak Recreation Area	•		•	•				•	•	•	•	•		•	•	•	•		•	•	G-2
C6	Ocoee River Corridor - Parksville Lake	•	•	•	•	•	•	•	•	•	•	•	•	•		•	•	•	•	•	•	A-6
C7	Ocoee Whitewater Center					•	•		•		•		•	•				•	•	•	•	B-6
C8	Paint Creek Corridor	•		•		•			•		•	•	•	•	•					•	•	E-3
C9	Rock Creek Recreation Area	•	•	•	•	•		•	•	•	•		•	•	•					•	•	F-3
C10	Tellico River Corridor	•	•	•	•	•			•		•	•	•					•	•	•	•	B-5
C11	Watauga Lake Corridor	•		•		•	٠	•	•	•	•	•	•			•	•	•		•	•	G-2
C12	Pigeon River Corridor												•			•		•	•			E-4
	NANTAHALA NATIONAL FOREST (NC)																				(Grid
N1	Balsam Lake – Lodge					•			•		•	•	•							•	•	E-5
N2	Cheoah River Corridor											•	•			•	•	•	•			C-5
N3	Cherokee Lake					•	•	•			•	•										R-6

12	Pigeon River Corridor												•			•		•	•			E-4
	NANTAHALA NATIONAL FOREST (NC)																					Grid
11	Balsam Lake – Lodge					•			•		•	•	•							•	•	E-5
12	Cheoah River Corridor											•	•			•	•	•	•			C-5
13	Cherokee Lake					•	•	•	•		•	•	•									B-6
14	Cullasaja Gorge - Dry Falls & Cliffside Lake	•				•	•	•	•	•	•	•	•							•	•	E-6
15	Hiwassee Lake			•		•	•		•			•	•	•		•	•	•			•	B-6
6	Joyce Kilmer					•	•		•				•									C-5
7	Lake Chatuge - Jackrabbit Mountain	•		•	•	•		•	•	•	•	•	•	•		•	•	•		•	•	C-6
8	Nantahala River Corridor								•		•	•	•	•		•		•	•		•	D-5
9	Standing Indian Recreation Area	•	•	•		•			•	•	•	•	•								•	D-6
0	Tsa l i on Fontana Lake	•		•		•			•	•	•	•	•	•	•			•		•	•	D-5
1	Whiteside Mountain								•				•								•	E-6
12	Whitewater Falls					•			•		•		•							•	•	E-6
13	Santeetlah Lake - Cheoah Point	•		•		•	•	•	•	•	•	•	•			•	•	•		•	•	C-5
	PISGAH NATIONAL FOREST (NC)																					Grid
1)	Curtis Creek Corridor	•	П	•		•			•		•	•	•								•	G-4
2	Cradle of Forestry in America					•	•		•		•		•							•	•	F-5
3	Davidson River Corridor - Sliding Rock	•	•	•	•	•	•	•	•	•	•	•	•	•						•	•	F-5
4	Lake Powhatan	•		•	•	•		•	•	•	•	•	•	•						•	•	F-4
5	Linville Gorge Corridor - Wisemans View								•				•							•		G-3
6	North Mills River Corridor	•		•	•	•			•	•	•	•	•	•	•					•	•	F-5
7	South Toe River Corridor	•	•	•	•	•	•		•	•	•	•	•	•	•					•	•	G-3
8	Wilson Creek Corridor	•				•	•		•	•		•	•							•	•	H-3
9	Catawba Fa ll s								•				•									G-4

	MT ROGERS NATIONAL RECREATION	ARE/	١															
11	Virginia Creeper Trail				•	•		•			•	•	•	•			•	

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	National Historic Sites & Other	(For info about visitor centers and restroom facilities - visit NPS.GOV)	Grid
J	ANDREW JOHNSON N.H. SITE	Interprets the life and legacy of the 17th President, Andrew Johnson (term 1865-1869).	E3
S	CARL SANDBURG HOME N.H. SITE	Discover the legacy of the Pulitzer-prize-winning "poet of the people."	F5
P	MANHATTAN PROJECT N.H. PARK	Tells the story that led to the creation of the atomic bomb, which helped end World War II.	В3
2	ORED WILD & SCENIC RIVER	Stretches along the Cumberland Plateau and offers a variety of recreational opportunities.	A3

PARTNER ORGANIZATIONS



Balds of Roan Mountain

Nolichucky River Gorge

French Broad River Corrido

Partners of Cherokee

(Classes III – IV & 1996 Olympic Whitewater Venue) and Pigeon River (Classes I – IV).

National Forest PAR NERS The Partners promotes enjoyment and CHEROKEE NATIONAL FOREST responsible use of the breathtaking Cherokee

National Forest—the only national forest in the state of Tennessee. Chartered in 2002, Partners is a nonprofit 501(c)(3) group. **Visitor Info:** (865) 659-0903 or www.partnersofcherokee.org



Great Smoky Mountains Association GSMA's mission is to support the perpetual preservation of Great Smoky Mountains National Park by promoting greater public interest and appreciation through education, interpretation, and research.

(888) 898-9102 or smokiesinformation.org



Blue Ridge Parkway Foundation The Foundation is the primary nonprofit fundraising

partner of the Blue Ridge Parkway, helping ensure cultural and historical preservation, natural resource protection, educational outreach, and visitor enjoyment by providing over \$12 million since 1997. Also, its Kids in **FOUNDATION** Parks program provides a network of kid-friendly trails in

the Blue Ridge Mountains and beyond. www.kidsinparks.com **Visitor Info:** (866) 308-2773 or www.brpfoundation.org



FIND Outdoors

FIND Outdoors, formally CFAIA, promotes educational, recreational and interpretive opportunities about forest and water resources.

natural history, and the Cradle of Forestry in America. Headquartered in Pisgah Forest, NC, FIND manages 21 recreation, education, and camping facilities in North Carolina, Georgia, and Indiana. FIND is a 48-year-old

Visitor Info: (828) 883-FIND or www.gofindoutdoors.org.

Blue Ridge National Heritage Area Partnership



This nonprofit organization preserves and promotes the natural resources and living traditions of our region, protecting the distinct music, crafts, outdoors, foodways, and Cherokee culture unique to 25 counties in Western North Carolina. Visitor Info: BlueRidgeHeritage.com







 $_{\text{Th}^{\circ}} \circ _{\text{NOUNDTRACK}} \circ _{\text{AMERIC}_{4}}$ Tennessee Department of Come face to face with awe-inspiring nature and breathtaking wilderness. Climb cliffs,

raft rapids, discover the beauty. **Explore more:** At tnvacation.com and follow "tnvacation" on Facebook, Twitter (#madeintn), Pinterest, Instagram and YouTube.

STATE HOSPITALITY



IFWNF22FF

Visit North Carolina

You're invited to experience and explore our many unique forests, spectacular parks, and outdoor activities.

NORTH CAROLINA Visitor Info: 800-VISITNC www.visitnc.com

MAP SPONSOR



Volkswagen of America

The publication of this map is made possible, in part, by funding received through the Volkswagen Community Grant Program by Volkswagen of America Inc. administered by The Conservation Fund. The grant program is intended to enhance local efforts to help

improve water quality, access to public recreation, and environmental education. Tennessee Valley Authority, a steward of natural resources in Tennessee since 1933, also contributed by providing administrative support to the Program. **Info:** VW.com



ABOVE: There is nothing quite like a public recreation area to provide the solitude of a backcountry campsite, tent camping in a family campground, or a quiet spot in a convenient RV area.

Is There a Difference Between a Public "Park" and a "Forest"?

The answer is yes, both at the federal and state level. National parks focus on protecting natural and cultural resources "unimpaired for the enjoyment of future generations." The National Park Service is under the Department of Interior.

National forests are managed under the principles of "multiple use and sustained yield" to provide Americans with wood, water, forage, wildlife, and recreation for generations to come. They are managed by the U.S. Forest Service under the Department of

Because the two types of public lands have different purposes, they have different rules. Visitors need to pay attention to whether they are in a national park or a national forest. A perfectly legal activity in one area may not be permitted in another. For example:

- National parks usually forbid hunting, while forests usually
- Dogs can be taken on national forest trails, but are generally not allowed on trails in national parks.
- National forests may provide trails for off-highway vehicles; national parks usually do not.

There are also designated special areas and trails to be managed by the National Park Service and U.S. Forest Service for their unique characteristics and opportunities. These include, but are not limited to, Wilderness, Wild & Scenic Rivers, National Recreation Areas, National Parkways, National Historic Sites, National Historic Trails, and the Appalachian National Scenic Trail. To learn about state parks, visit their websites, shown at far left.

BLACK BEARS

ABOVE: Capture the splendor and excitement of kayaking or rafting whitewater rivers in a national forest, national park, or state park.

Each river has its own personality. Challenges can be found for everyone from first-timers to Olympic-level athletes.

OUTDOOR SAFETY

Surprisingly, drowning is one of the leading causes of

death on public lands. These accidents and injuries can

easily be avoided. Closely supervise children at all times.

Remember, medical assistance for injured persons may

Do not wade in or attempt to cross a rain-swol-

River levels can rise rapidly after a heavy rainfall.

Do not climb on rocks near water.

near waterfalls or along stream banks.

Do not dive or jump into water.

below the surface of the water.

HYPOTHERMIA

confusion and irrational behavior.

PROTECT STREAMS!

grsm/learn/nature/didymo.htm.

slippery due to mist and algae.

A localized thunderstorm dumping rain far upstream

on the higher peaks can create sudden and unexpected

flood conditions at lower elevations without you seeing

Rocks near water are extremely slippery. These rocks are

Over the years, there have been fatal accidents and many

serious injuries resulting from people climbing on rocks

Submerged rocks, trees, or debris could be immediately

If you find yourself accidentally swimming in

Most drownings result from getting a leg or ankle caught

force of the water will push you over and hold you under.

is lying on your back with your feet pointing downstream

and toes up towards the surface. Always look downstream

The water in mountain streams may be much colder

to hypothermia, an extremely dangerous condition

than you think. Exposure to cold water can quickly lead

involving the lowering of the body's "core" temperature.

strength and muscular coordination followed by mental

Didymo is a destructive and invasive algae species that

can smother park streams. You can accidentally spread

didymo on your fishing and water recreation equipment.

To prevent its spread, please visit https://www.nps.gov/

EMERGENCY

DIAL 911

If you require emergency services

such as police, fire, or ambulance, dial

911 immediately. Do not call the park or

forest ranger offices.

Note: In the Appalachian Mountains, heavy

foliage or surrounding terrain may prevent

your cellular phone or satellite GPS

device from receiving a signal.

Bear this in mind when

making your plans.

This institution is an equal opportunity provider.

Hypothermia can kill you! Symptoms include loss of

and be prepared to fend off rocks with your feet.

The standard defensive swimming position in fast water

in an underwater rock ledge or between boulders. The

fast-moving water, do not try to stand up.

Use extreme caution when walking along

WATER SAFETY

be many hours away.

len stream!

a single raindrop!

stream banks.

At one time, the black bear's range included most of North America. Some of the largest protected areas in the eastern United States where black bears can live in wild, natural surroundings are found on this map. Bears inhabit all elevations in the Appalachian Mountains.

Black bears may exceed six feet in length and three feet high at the shoulder. During the summer months, a typical adult male bear may weigh 250 pounds or more while adult females are generally smaller and weigh less. Bears can run up to 30 miles per hour which is much faster than humans. Bears are most active during early morning and late evening hours in spring and summer.

Stay Alert & Stay Together

Pay attention to your surroundings and stay together. Walk, hike, jog, or cycle with others when possible. Keep kids within sight and close by. Leave earbuds at home and make noise periodically so bears can avoid you.



Leave No Trash or Food Scraps

Double bag your food when hiking and pack out all food and trash. Leaving scraps, wrappers, or seemingly "harmless" items like apple cores teaches bears to associate trails and campsites with food. Don't burn food scraps or trash in your fire ring or grill.

Keep Dogs Leashed

Letting dogs chase or bark at bears is asking for trouble; don't force a bear to defend itself. Keep your dogs leashed at all times or leave them at home.

Camp Safely

Set up camp away from dense cover and natural food sources. Cook at least 100 yards from your tent. Do not store food, trash, clothes worn when cooking, or toiletries in your tent. Store in approved bear-resistant containers OR out of sight in a locked vehicle OR suspended at least 12 feet above the ground and 6 feet from any part of the tree.

Carry Bear Spray & Know How to Use it

Bear spray is proven to be the easiest and most effective way to deter a bear that threatens you. It doesn't work like bug repellent, so never spray your tent, campsite, or belongings.

WHAT TO DO IF YOU SEE A BLACK BEAR

Black bears are seldom aggressive and attacks are rare. If you see a bear before it notices you: stand still, don't approach, and enjoy the moment; then move away quietly in the opposite direction. If you encounter a bear that's aware of you, don't run because running may trigger a chase response. Back away slowly.

The above information is provided by BearWise®, a program developed by black bear biologists and supported by State wildlife agencies. To learn more about what to do if a black bear approaches, charges, or follows you, visit BearWise.org.

Visit BearWise.org